

2023 Palmetto Relay /200 Results - Official

Overall Winner - Marvin Griffin Track Club - 24:34:05 - 7:00 min/mile

Full Team Open Category Winner - F3 Clown Car Explosion - 25:55:27 - 7:24 min/mile

Full Team Female Category Winner - Lake Murray FiA - 33:56:00 - 9:41 min/mile

Full Team Mixed Category Winner - Should Have Said NO - 32:06:47 - 9:10 min/mile

Masters Full Team Open Category Winner - F3 Laketope - Running for Tacos III - 31:18:40 - 8:56 min/mile

Ultra Team Open Category Winner - Never Trust A Fart - 26:42:50 - 7:37 min/mile

Ultra Team Mixed Category - URC Anderson Ultra 2 - 29:51:54 - 8:31 min/mile

Masters Ultra Team Open Category Winner - Run For It, Run - 31:26:05 - 9:34 min/mile

Overall Results

Place	Team Name	Bib #	Type	Category	Masters	Duration	Pace
1	Marvin Griffin Track Club	20	Full	Open	-	24:34:05	7:00
2	F3 Clown Car Explosion	21	Full	Open	-	25:55:27	7:24
3	Never Trust A Fart	1	Ultra	Open	-	26:42:50	7:37
4	Squirrels	11	Ultra	Open	-	27:26:05	7:50
5	Dawg Pound	9	Ultra	Open	-	27:38:13	7:53
6	The Ensign Peter Passaro Fan Club	12	Ultra	Open	-	27:38:13	7:53
7	F3 MiLakers	22	Full	Open	-	27:47:08	7:56
8	Who Let the Dawgs Out?	14	Ultra	Open	-	29:39:09	8:28
9	The Jackson (Lamont) 5	10	Ultra	Open	-	29:50:01	8:31
10	F3-Lowcountry "Truffle Butter"	27	Full	Open	-	29:50:39	8:31
11	URC Anderson Ultra 2	2	Ultra	Mixed	-	29:51:54	8:31
12	F3-Mission Impastables	23	Full	Open	-	29:59:02	8:33
13	E- Team Corn Boilers	13	Ultra	Open	-	29:59:09	8:33
14	Running for Yon	40	Full	Open	-	30:17:55	8:38
15	Average Joe's	26	Full	Open	-	30:58:05	8:50
16	F3 We Came We Saw We Concord	24	Full	Open	-	31:10:57	8:54
17	F3 Laketope - Running for Tacos III	50	Full	Open	Masters	31:18:40	8:56
18	F3 Lowcountry Scrambled Legs	25	Full	Open	-	31:26:46	8:58
19	Sons of Dirty Myrtle	3	Ultra	Open	-	31:30:17	8:59
20	F3 Sandhills	30	Full	Open	-	31:40:15	9:02
21	BLUFFTON 9-ISH	44	Full	Open	-	31:44:40	9:03
22	F3 Semi-Hard Commit	29	Full	Open	-	32:02:12	9:08
23	Should Have Said NO	34	Full	Mixed	-	32:06:47	9:10
24	Deez Lug Nutz F3RaceCity	32	Full	Open	-	32:24:01	9:15
25	ALLSEMIPRODADS	38	Full	Open	-	32:28:57	9:16
26	F3 Coastal Tide	37	Full	Open	-	32:39:57	9:19
27	More Cowbell	39	Full	Open	-	32:52:09	9:23
28	Running From The Voices	36	Full	Open	-	32:55:01	9:24
29	Mostly F3 Clarendon	43	Full	Open	-	33:11:05	9:28
30	SeamonWhiteside	60	Full	Open	-	33:19:15	9:30
31	F3 Sawmill	35	Full	Open	Masters	33:22:30	9:31
32	Go in' All Out	33	Full	Mixed	-	33:23:29	9:32

33	F3 Course Corrected	42	Full	Open	-	33:24:40	9:32
34	Conti Never Tire'd of Running	48	Full	Open	-	33:26:52	9:32
35	Kings of the South Ride Again	52	Full	Open	-	33:32:12	9:34
36	URC Anderson	49	Full	Mixed	-	33:32:14	9:34
37	Run For It, Run	5	Ultra	Open	Masters	33:33:39	9:34
38	Lake Murray FiA	45	Full	Female	-	33:56:00	9:41
39	F3 Rock Hill Roaming Rebels	59	Full	Open	-	34:02:45	9:43
40	B.A.N.A.N.A.S!	46	Full	Mixed	-	34:07:30	9:44
41	F3Gashouse	47	Full	Open	-	34:07:55	9:44
42	Conti Sometimes Tire'd of Running	51	Full	Mixed	-	34:13:01	9:46
43	Kannon Ball Runners	41	Full	Open	-	34:16:46	9:47
44	F3 IncOGs Elite	31	Full	Open	Masters	34:19:08	9:48
45	Ultra 2 FISH 5 LOAVES	8	Ultra	Open	-	34:22:53	9:48
46	Movin' Microbes	56	Full	Open	-	35:26:36	10:07
47	Top Run	58	Full	Mixed	-	35:44:59	10:12
48	River Rats	53	Full	Mixed	-	36:24:45	10:23
49	Five-O On The Go	55	Full	Open	-	36:44:09	10:29
50	Weekendrunaways	54	Full	Mixed	-	37:07:42	10:35
51	R.I.O.T.	57	Full	Female	-	37:15:33	10:38
52	Are We There Yet	6	Ultra	Mixed	-	39:57:25	11:24

Full Team Open Category

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3	F3 MiLakers	22	Full	Open	-	27:47:08	7:56
4	F3-Lowcountry "Truffle Butter"	27	Full	Open	-	29:50:39	8:31
5	F3-Mission Impastables	23	Full	Open	-	29:59:02	8:33
6	Running for Yon	40	Full	Open	-	30:17:55	8:38
7	Average Joe's	26	Full	Open	-	30:58:05	8:50
8	F3 We Came We Saw We Concord	24	Full	Open	-	31:10:57	8:54
9	F3 Lowcountry Scrambled Legs	25	Full	Open	-	31:26:46	8:58
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27	Five-O On The Go	55	Full	Open	-	36:44:09	10:29

Full Team Female Category

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1	Lake Murray FiA	45	Full	Female	-	33:56:00	9:41
2	R.I.O.T.	57	Full	Female	-	37:15:33	10:38

Full Team Mixed Category

Place	Team Name	Bib #	Type	Category	Masters	Duration	Pace
1	Should Have Said NO	34	Full	Mixed	-	32:06:47	9:10
2	Goin' All Out	33	Full	Mixed	-	33:23:29	9:32
3	URC Anderson	49	Full	Mixed	-	33:32:14	9:34
4	B.A.N.A.N.A.S!	46	Full	Mixed	-	34:07:30	9:44
5	Conti Sometimes Tire'd of Running	51	Full	Mixed	-	34:13:01	9:46
6	Top Run	58	Full	Mixed	-	35:44:59	10:12
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3	F3 IncOGs Elite	31	Full	Open	Masters	34:19:08	9:48

Ultra Team Open Category

Place	Team Name	Bib #	Type	Category	Masters	Duration	Pace
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2	Squirrels	11	Ultra	Open	-	27:26:05	7:50
3	Dawg Pound	9	Ultra	Open	-	27:38:13	7:53
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Ultra Team Mixed Category

Place	Team Name	Bib #	Type	Category	Masters	Duration	Pace
1	URC Anderson Ultra 2	2	Ultra	Mixed	-	29:51:54	8:31
2	Are We There Yet	6	Ultra	Mixed	-	39:57:25	11:24

Masters Ultra Team Open Category

<u>Place</u>	<u>Team Name</u>	<u>Bib #</u>	<u>Type</u>	<u>Category</u>	<u>Masters</u>	<u>Duration</u>	<u>Pace</u>
1	Run For It, Run	5	Ultra	Open	Masters	33:33:39	9:34